




Monday	Tuesday	Wednesday	Thursday	Friday	Hempfield School District Lunch Program Middle School Student Meal Pricing: Main Line Meal: \$2.60 Domino's Pizza Meal: \$2.65 Pizza Meal: \$2.65 Salad Bar Meal: \$2.75 Bowl of Soup: \$2.50 Black Knight Meal: \$3.85 Deli Meal: \$3.00 Deli A La Carte: \$3.85 Subway Meal: \$4.30 Subway A La Carte: \$3.50 Milk: \$0.65 Fruit A La Carte: \$0.75 Adult Meal Pricing: Main Line Meal: \$4.25 - \$5.00 Breakfast: \$2.30 Menu Subject to Change
Daily Lunch Choices Choice #1 Main Event Meal Choice #2 Pizza Meal Choice #3 Deli or PB&J Meal Choice #4 Salad Meal Choice #5 Black Knight Meal		Daily Pizza Choices Monday: Mickey's Cheese or Pepperoni Pizza Tuesday: Big Daddy's Cheese Pizza or Pepperoni Pizza Wednesday: Mickey's Cheese Pizza or Pepperoni Pizza Thursday: Domino's Cheese Pizza Friday: Big Daddy's Cheese Pizza or Pepperoni Pizza		Hot, Fresh & Healthy Lunch Choices! Vegetable Bar Carrot Sticks Bean Salad Celery Sticks Fresh Broccoli Available Monday – Thursday	
Balance and purchasing history? Visit: www.myschoolbucks.com	Reminder: Salad & Deli Meals will resume on Monday, January 7 th . On January 3 rd & 4 th we will offer the Main Line Meal, Pizza Meal, Black Knight Meal, and PB&J Meal.		 In the event of a school closing due to weather we will follow the menu as planned.		
Did You Know? Students choose up to (1) fruits which consists of: juice, fresh fruit, or canned fruit. Students can choose up to (1) vegetables.	January 1 No School 	January 2 No School	January 3 Double Dog Day Double Hot Dogs Baked Straight Cut Fries w/wo Cheese Sauce Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 4 Chicken Bowl Mashed Potatoes & Gravy Bread Choice & Corn Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
January 7 Rib-B-Que Sub Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Chocolate Pudding w/Sprinkles	January 8 Penne Pasta w/ Dinner roll Red Sauce w/ Meatballs or Chicken Alfredo Sauce Tossed Salad w/ Dressing Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 9 Meatball Sub w/ Mozzarella Cheese Baked Potato Wedges Assorted Fruit & Juice Milk Choice	January 10 NEW Grilled Asiago Ranch Chicken Sandwich Asiago Cheese, Bacon, Lettuce, Tomato, Ranch Dressing & Pickle Baked Potatoes Wedges Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 11 Double Chicken Fajitas w/ Lettuce, Cheese, & Salsa Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
January 14 General Tso Chicken Steamy Broccoli Florets & Rice Fortune Cookie Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 15 Walking Taco w/ Beef, Cheese, Lettuce, & Salsa Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 16 Chicken Patty Sandwich w/ Fixings Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Early Dismissal	January 17 Brunch Lunch French Toast Sticks w/ Syrup, Sausage, & Hash Browns Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Early Dismissal	January 18 Chef's Choice Chef's Vegetable Choice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Early Dismissal	
January 21 No School	January 22 Chicken & Waffles Hash Browns Homemade Apple Crisp Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 23 Meatball Sub w/ Mozzarella Cheese Baked Potato Wedges Assorted Fruit & Juice Milk Choice	January 24 Double Dog Day 2 Hot Dogs w/ Fixings Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 25 NEW Grilled Asiago Ranch Chicken Sandwich Asiago Cheese, Bacon, Lettuce, Tomato, Ranch Dressing & Pickle Baked Potatoes Wedges Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday	Hempfield School District Lunch Program Middle School Students who qualify for reduced price lunch qualify for free breakfast! 
If you have a question regarding the lunch program here at Hempfield please contact the cafeteria manager at the school your child attends for further information or the Hempfield Food Service Office. You can reach the manager via the email addresses provided below. lic_cafe@hempfieldsd.org lpc_cafe@hempfieldsd.org lms_cafe@hempfieldsd.org hhs_cafe@hempfieldsd.org cms_cafe@hempfieldsd.org ces_cafe@hempfieldsd.org epes_cafe@hempfieldsd.org fes_cafe@hempfieldsd.org mes_cafe@hempfieldsd.org res_cafe@hempfieldsd.org				For Questions & Concerns Please Contact the Food Service Office at 7174-898-5566	
Balance and purchasing history? Visit: www.myschoolbucks.com Create a free account, the system only charges you a fee if you opt to apply funds via credit or debit card.	Reminder: The Food Service Department has part time Substitute positions available! Call our office today at 717-898-5566 for further information or go online to apply at www.hempfieldsd.org/ apply No Nights, No Weekends, & No Holidays To Work! PAID TRAINING New Hourly Rate \$10.61		Did You Know? Hempfield has 10 production kitchens and prepares meals onsite for each school! Our staff take great care ensuring your child receives the best meal service.	<u>Gluten Free General Mills Cereals</u> Rice Chex Cinnamon Rice Chex Cheerios Honey Nut & Fruity Cheerios Lucky Charms Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Please Check for availability	
January 28 Chicken Bowl Mashed Potatoes & Gravy Dinner Roll & Golden Corn Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 29 Walking Taco w/ Beef, Cheese, Lettuce, & Salsa Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 30 Chicken Patty Sandwich w/ Fixings Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	January 31 Cheese Steak Sub Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice		

Online Payment: To view your child's account or to put money in your child's account via credit or debit, please go to My School Bucks to create your free online account, www.myschoolbucks.com. The system only charges a fee when households utilize the online payment options.

Meal Applications: For free and reduced breakfast and lunch benefits, apply anytime at www.ezmealapp.com.

PACKERS: Juice, bottled water, extra servings of fruit, vegetables, snacks, and milk choices are all available to students to purchase a la carte who pack their lunch.

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(800)877-8339 or (800)845-6136(Spanish). For any other information dealing with Supplemental Nutrition Assistance Program (SNAP) issues, persons should either contact the USDA SNAP Hotline Number at (800)221-5689, which is also in Spanish or call the State Information/Hotline Numbers (click the link for a listing of hotline numbers by State); found online at http://www.fns.usda.gov/snap/contact_info/hotlines.htm "In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. Hempfield School District and the USDA are equal opportunity institutions and do not discriminate on the basis of race, color, national origin, sex and handicap in its activities, programs or employment practices.